

**FOR A PSYCHOANALYSIS MAKING  
THE PASSAGE**

**FROM A PREDETERMINED UNCONSCIOUS,  
WHICH OBEYS THE SYMBOLIC LAWS OF THE OTHER  
TO  
A DETERMINED CONSCIOUS, WHICH WILL OBEY  
THE REAL LAWS OF LIFE.**

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**Description of the main idea:**

As I was doing my research, something occurred to me: the evidence of a Structure of the Unconscious that obeyed its own Laws, the same ones as those of the Symbolic Language, and that “predestines” each one of us to be marked, from birth on, by what I called The Laws of Transmission of the S.P.D. or Sexual Pre-Determiners, which made of us:

- If we were born a girl, a Mother or a Daughter,
- If we were born a boy, a Father or a Son.

An entry in life through the Symbolic, this is how the history of our Unconscious was constituted. It is a history that was made according to the Power of the Sexual and that this way forgot our “Gendered” Reality as a man or a woman: “Gendered” Determination we need to make for our self.

Thus the history of our Unconscious definitely is the same one as this of the Symbolic Language.

Yes: “The Unconscious is structured like a language.” Jacques Lacan.

The language structuring the Unconscious obeys the Symbolic Laws, laws of non-life, which speak of an Absolute Symbolic space-time, in which we are seized, which speaks us and makes us like we are not.

To pass from being spoken to becoming speaker, here is the question we need to approach differently for a real Subject to constitute itself, Subject of oneself and not of the other, and for a Desire for one self and not a lack of the other to find meaning and then learn to make a life-path with its real time. And this is the Relative Real space-time, a different language we need to make for our self, Conscious and obeying the laws of life that will make of a lifetime the essential of the meaning to give our life, and of a Subject a movement that never stops building itself through its life:

“I am what I make of myself”

**What I make of myself = what I make of my time.**

**I “is made” of what I make of my time**

**My time makes *me the same way* my desire makes itself *subject of* itself.**

**From a language issued from the lack of the Other (missing the other) making  
us a way we are not,  
To a language to make for our self the way our desire for our self wants it.**

For a Subject that would not be the one of the Unconscious anymore,

But Real Subject OF ONESELF to be Made  
For a desire that would not be the other's desire anymore, which speaks us,  
But the desire for our self that we learn to say and to make.

For a psychoanalysis of tomorrow that will make the passage  
**From the neurosis' non-sense AND ITS LANGUAGE OF LACK OF THE Other**  
**To the aliveness' sense AND ITS LANGUAGE OF DESIRE FOR ONESELF.**

**Finally, for us to realize that the essential is**  
**for each of us to GET OUT**

**OF HIS OR HER SEXUAL PRE-DETERMINER, transmitted**  
**From Father, Mother, Son, Daughter...**  
Of which the consequence is hatred and its passionate functioning of possession and of  
power struggle. And who says power struggle says:  
Without, says Spirit, says "Jouissance", says Violence, says Verticality, says, "I hate."  
HATRED is the story of a past way of functioning repeating itself still today.

**And TO ENTER OUR "GENDERED" DETERMINATION, to make,**  
**of Man or Woman:**

Of which the cause is Love and its relational way of functioning. And who says relation says:  
With, says Pleasure, says Peace, says Horizontally, says, "I love."  
LOVE is another story to make for our self from today on, in a movement learning to want itself all the time.  
Therefore, we need to pass  
from a TRANSFERENCE, place of Parental projection  
to the "TRANSMAKING", place of a "making" where the analyst is really there, bodily, as a form, an envelope  
through which the patient learns about his or her own body  
and eliminates what does not tell him or her about him or her. This body takes shape through a word that gives  
meaning to and consciousness of a true self.  
Here is the true knowledge, to learn to give substance to a word, through another body, the analyst's, and then to come  
back to the one who went across it, the patient. This way begins the Structure of a Subject, **MADE SUBJECT OF**  
**ITSELF, founding act that gives the feeling of aliveness.**

In the Transference, everything comes from the Other, passes by us, and comes back to the other:  
Dead-end!

In the "Trans-Making", everything comes from us, passes by the other, and comes back to us:  
Such is life!

The transference feeds itself with love **demand** made to the other.  
The "trans-making" makes of the self the origin of the feeling of love.  
Love demand is not love but a semblance of it; it awaits it;  
It does not move; it is not alive! It is the place of the lack.

Love is a structure that makes of the self the origin of love, which goes toward...

Passage from a self that is not to a self that becomes something as it builds itself...

**Love needs to be made; love demand is already made.**

The origin of the transference is the Unconscious, and its space-time is fixed with non-life.  
The beginning of love is the Conscious, which opens a space-time always in movement, alive.  
From a transmission of an Unconscious knowledge to the learning of a Conscious savoir-faire:  
The transference is our natural story, but today its failure makes power struggle and dependence to the other persist.  
The future of this story is the fundamental reevaluation of the notions of space-time, of symbolic, past and absolute  
time,  
and the also fundamental reevaluation of the necessity of the passage to a real, present and relative space-time that  
would get rid of its dependence to a non-self, which reacts, to pass to a self, which acts Itself.  
"At the beginning was hatred,"  
and Inhumanity.

To start love and the time of the human  
will be for tomorrow, the end of yesterday and of its unhappiness,  
By not forgetting anymore the happiness procured from feeling alive: a prayer  
only waiting for the self

to **finally** make One:

And manage to realize our one real Conscious desire.  
To make something with our real time requires that we give all our time to it.

The aliveness' energy is imprisoned in a language of non-life that obeys the laws of lack of the Other (missing the Other): lack of possessing the Other,  
whereas there exists only one language of life, which obeys the laws of life  
and of the desire for our alive self, not only for our self.

**What is important is not to be alive but to feel we are alive!**

Since its creation, psychoanalysis granted itself an unacceptable power over people,  
in the name of a model: the Unconscious, upon which it established an exclusive, totalitarian, and metallic monopoly.  
The psychoanalyst, enslaved in a interpretative function, necessarily perpetuates Inhumanity—lack and dependence  
through a prefabricated tool called the transference:

“BELIEVE IN ME LIKE YOU BELIEVED IN YOUR PARENT!”

This seizure of power is a fundamental error and is fatal for the psychoanalyst and the patient:  
Here is the saddest experience of power struggle, instituted as a “scientific” therapeutic action!

This position is dangerous and artificial.

And this transportation in the real of what has only been a Moment in the history of the individual cannot accomplish a  
**meaningful work!**

**What can a meaningful work be?**

It is a work that has meaning: and what is the meaning of meaning? In other words, what is the signification of and  
**what do we want when we choose to be a psychoanalyst?**  
Power? It is hatred! Any sort of power imprisons the individual in a reduced, stifling, unbreathable space killing the  
desire and before all, killing love by reproducing this space-time from the past, the one of the Unconscious, by  
perpetuating this sexual mortifier and killer selling illusion and leaving everyone lost, waiting for a word, just one that  
would finally appease them (when the analyst finally deigns to answer)!

Is the analyst's word sacred?

Can we make humanity with inhumanity?

What is this masquerade that ends up depriving a being from his/her life path?

What meaning does this imposture have, imposture that never stops bringing people back to dead space and time,  
without paying attention to real time and to their life, both always waiting for them?

This is where the transference technique and its traps conferred by its power bring people to:  
Manipulation, dependence, wait, everything that hurts us and reproduces the Parental authority and the time of  
immaturity, of fear and of suffering,  
from which it is essential to heal:

Our essential priority Today as psychoanalysts is  
to give our patients the means to get away from this prison in which  
the time of neurosis and its language “without body” do not matter,  
so they can enter this space made conscious, which opens up to them and gives body to their desire “**for more**”, for a  
completely new language, “gendered” and full of a time that left the **past** and its dangerous memory.

This way, they will be able to make of today the time essential to live,

and they will finally be happy

to Obey

the laws of life, which feed themselves with a real space-time,

to live out of neurosis, out of boredom,

**by making of each day the unit of life.**

The laws of the Other and of the Unconscious' Symbolic (*used here as a noun*) have taken over the place of the  
individual's and the Real Conscious' Laws of Life, to which it is essential to give value in order to learn to Make of our  
life a **real Subject**, and not the false subject of the Unconscious anymore but the one that defines itself:

**“I am what I make of myself.”**

This movement goes in the same direction as real time and opens a space giving meaning to life. It will happen when  
everyone will become the object of their own desire, a non-servile object at the service of their determination of men or  
women who will not deny their body of today to the profit of their spirit of yesterday anymore,  
but who will make of their heart, of what they really feel, the author of a “mental” (*used here as a noun*), which will  
not deny anymore this real place giving the feeling of life and not of absence of life!

The killing spirit has dominated and destructed the value of life for too long now by imposing its point of view to  
individuals even if it meant turning them away from themselves and from their desire to look around them and see all  
the things that are there, waiting for their presence but that they ignore by their absence!

Psychoanalysis submitted itself to the laws of the Other, to the laws of an unapproachable Father who knew for  
everyone; a missing Father,

A Spirit non-alive but completely powerful upon our lives.

Psychoanalysis cannot remain so passive,  
submitting itself to the laws of the Unconscious, which are the laws of the Symbolic, because it believes it will find the  
truth in this story.

**The unique truth can only be the one allowing to live a way we love our self and others:  
Love needs to be Made!**

The Unconscious tells us how we learned to suffer, to hate depending on our dependence on some Other, and to never  
know any other.

The conscious' work teaches us to love depending on our desire for our self, and for one other we are fundamentally  
interested in, and not narcissistically in the image we believe we have to like showing, but that we do not really love.  
Therefore, our work as analysts needs to recognize that the big priority now is to make of the Unconscious the object to  
work on so today's time can pass Before yesterday's, and yesterday's time will not replace today's anymore!

**TO LOVE OUR LIFETIME IS THE ESSENTIAL PART OF THE MEANING TO GIVE OUR LIFE.**

To ignore this meaning is to perpetuate time's non-sense and to leave it without any signification:

To live in the meaning is to live it in the place carrying our life: our Body!

To kill life is to kill a body: let us not forget history and how six million bodies endured life's hatred!

Things like this happen when an insane Spirit takes over the power and when the mental (*used here as a noun*)  
alienates itself to it.

The way of functioning of a sane and alive mind needs to trust and to build itself upon a Conscious out of Image, out of  
the Parental system, out of the Sexual, where the meeting between a Meaning, printing a presence to the self, and a  
sensation, trusting its instinct (of life) and not its urges (for death), occurs.

It is crucial to leave a language of non-life, in which words do not have moves anymore but take over the power in the  
name of narcissistic values that speak about a supposedly self, absorbing itself in its own image and losing itself in it  
for it rushed so fast into it without paying attention to any other but to this supposedly self that only exists through its  
delusion: whereas all we need for a real reflection to impede the spirit from any spirit of revenge is the meeting of two  
looks.

**This is the passage from the absorption of the image sinking in solitude**

**To the reflection of a look feeding itself with otherness:**

From this non-sense killing time to this meaning going toward it,  
there is something essential to do so no one will be bored to death by feeding themselves  
with lost time, past time, with no future, no reality, no life!

**PSYCHOANALYSIS IN THE ERA OF ITS TIME  
AND THE PLACE OF A REAL SPACE.**

Aliveness' space-time is the one of a language translating how functions a mind freeing itself from the SYMBOLIC  
ORDER  
to OPEN THE SPACE OF THE REAL ORDER!

**The way the Unconscious functions is directed by an ensemble of laws upon which depend the functions and  
sequences at the origin of our uneasiness, which are:**

**Lack of → Suffering → Violence → Hatred**

The language of non-life is the one we come from, the one speaking us, the one controlling our life by incessantly  
repeating itself and depriving us from our self.

**THE PASSAGE**

**From a "Parental" Language Already made, obeying the Laws of the Other, or  
Laws of the Past, Symbolic Time:**

**Lack → Wait → Dependence, which make each one become the Other's Object,  
And its way of functioning:**

**Frustration Aggressiveness Guilt,  
the Laws of non-life.**

**To an "Alive" Language to Make, obeying the Laws of Life, or**

**Laws of the Present, Real Time:**

Desire → Wait → Dependence, which learn to love making the Self its own Subject.

But this passage implies a change in the way we function, possible through the use of a new language changing the direction and meaning of what we believed in and upon which was built our way of not being, of not loving our self. This way we can accept the realizations coming from experiences that allow us to learn to **recognize** what does us good, HOW we feel good, and to obey these laws because they are our Real desire's. These laws make a real Subject arise, the one who really gives us the feeling of life, the starting point of the feeling of love toward our self, and not love of our self (narcissism).

And this, according to **what makes the self, and not who is the self!**

Let us obey to what does us good or bad and not to what is good or bad anymore, so we can make for our self a state of Consciousness, Master that will recognize itself easily and will not have to wait for its recognizance from a Parent or any other substitute who will have the Knowledge and thus the power.

**FROM A TRANSFERENCE, place of the Parental  
TO A "TRANS-MAKING," place of Knowledge.**

This supposes that the Analyst cannot keep being in a position of "subject supposed to know" because no subject or knowledge really exists, only "supposed" ones: and, what is a supposed person? It is someone who takes the place of the one who knows. This imposture puts any patient in position of a child lacking Knowledge, whereas he/she comes to learn to know what is going on with **his/her** DESIRE:

AND a desire is something that needs two people to look for it, contrarily to the situation of transference, in which one is supposed to know and the other supposed not to know!

This is how transference creates power struggle  
by putting the patient in a situation of non-knowledge and the analyst in a position of knowledge:  
verticality of power struggle;

and of course the therapeutic effect issued from this position between a frustrating one and a frustrated one appears to me to be quite uncertain and not very trustworthy.

We are here in the reverse side of a relation making of a meeting a story of two people  
even if at first there are neither one or two.

The future of Power Struggle (Dominating/Dominated), ALREADY MADE,  
is the Relation, TO MAKE through a "trans-making", in which the analyst becomes the **object** of what is being built  
between his/her patient and him/herself:

A REAL story, of the one who learns to know HOW what he says can have a meaning for himself, through his own  
words and through what the analyst sends Back to him about them and about his

desire to make himself the way he will love himself and the way he will want to live, and not about the supposed one of  
the analyst!

**THE PSYCHOANALYST – THE PSYCHOANALYZED**

This relation between the one who knows—the analyst, and the one who does not—the analyzed, is erroneous; this  
relation hides the essential: the rest!

This is how we will feel better, more confident, more in contact, more reassured with one psychoanalyst compared to  
another: all these details already reveal a beginning of relation: physical, real: a smile, a look, a handshake, a behavior;  
an ensemble of signs, this is what makes someone pick an analyst, independently of the unease the person might be  
suffering from: we too often forget it.

Afterwards, one element will attract the person's attention: the analyst's voice, trajectory, resonance. Let us not forget  
that laying down is a position of rest but also of trust, and thus power abuse and the psychoanalyst's structure  
necessarily have some kind of effect upon the cure and its direction.

**LET US TALK ABOUT THE CURE'S DIRECTION!**

**WHO IS RESPONSIBLE FOR THE TRANSFERENCE?** Who encourages it or not?

It is evidently the psychoanalyst, this way mistook for someone he is not:

A PARENT: father or mother, it does not matter. What place does he/she then take?

The place of the Symbolic Order, not of the Real Order  
since really, he/she is neither the father or the mother.

And what meaning does this position have?

What consequences does it cause?

What happens is that the distance from today to Before is made backwards to the farthest point possible, and a story  
that is past, over in time and space, is this way retraced, with for witness from today a word concerning yesterday!  
**This memory of time is in no way possible to verify** because it is all experiences, feelings, still present from a past  
story that was stamped in the Unconscious; this is the story of the child in each one of us, until today.

But does this story constitute a path? No!  
A path has a beginning and a direction always going forward!  
A path is open and builds itself in real time.  
What can we say of a path going backward, which undoes itself to learn to build itself again differently?  
I say, there is **POWER ABUSE UPON TIME**, there is UNCONSCIOUSNESS THAT  
**SYMBOLIC TIME IS ABSOLUTE** It has no beginning, no end.  
It is out of time; it does not exist!  
It is just like the one of beliefs, transmission of a symbolic that maintains not wanting to learn or verify anything, but  
persists believing in it.

**THIS IS HOW THE LAWS OF THE UNCONSCIOUS ARE;  
THEY ARE THE SAME AS THE ONES OF THE Symbolic taking the power over THE Real,  
and favoring the SPIRIT OF JUDGEMENT, KILLER OF THE MOVEMENT GIVING LIFE TO A BODY.**

Because, it is evident that the laws of transmission of the Symbolic Order are real:  
And to not pay attention to this order, the judging Spirit's order, which rules our real lives by preventing them from  
living, is a serious **unconsciousness**, from which we need to get out so we can

finally award its Value and meaning to the Real's order telling us then, between a CONSCIOUSNESS and another  
CONSCIOUSNESS, about what needs to be DONE to feel alive!

We cannot prohibit a lifetime because of the transference,  
and this, especially because our *natural* story is this one: the same one, the one of the transference, which makes that  
one day nothing goes right.  
And while the analytical work, using the transference, is happening between an Unconscious and another Unconscious  
and is serving the Symbolic Order, the analytical work, making the "trans-making" act, happens between a Conscious  
and another Conscious and uses the symbolic order  
**to make** the passage to the Real's order.

**THE UNCONSCIOUS' SYMBOLIC ORDER:  
Or LAWS OF TRANSMISSION OF THE SEXUAL PRE-DETERMINERS  
FROM GENERATION TO GENERATION:**

FATHER, MOTHER, SON, DAUGHTER;

**Sexual Pre-Determination,**

and at the same time **order of a language made of two types of alliance:**

**The one of the MOTHERS/FATHERS**

**The one of the SONS/DAUGHTERS.**

These alliances make us enter from our birth in an order of pre-determined transmission that is not the one we have  
chosen of course but the one TRANSMITTED to us  
according to the laws of sexual transmission, which do not pay attention to the gender!  
Strange transmission that causes: a father (FATHER) and his daughter (MOTHER)  
to have the same sexual pre-determiner and to belong to the ones who know,  
while a mother (DAUGHTER) and her son (SON)  
will also have the same sexual pre-determiner and will belong to the ones who do not know.  
The laws of the Sexual Pre-Determiners do not transmit themselves from mother to daughter or from father to son, but  
from a sex to the other sex, without paying attention to the gender!

This is how alliances between mothers and sons in the real are made, by obeying One same pre-determiner *unifying*  
them in the symbolic order, through a same language and a same way of functioning:

THE ONE OF THOSE WHO KNOW: if their Sexual Pre-Determiner is MOTHER/FATHER;

Or

THE ONE OF THOSE WHO DO NOT KNOW: if their Sexual Pre-Determiner is SON/DAUGHTER.

According to the Symbolic Order, what will happen later?

Stamped by his pre-determiner "for life",

When a boy will choose a wife: who will he choose?

His opposite, "naturally":

If he is "SON", a "MOTHER", with the SAME PRE-DETERMINER as his father;

If he is a "FATHER", a "DAUGHTER", with the SAME PRE-DETERMINER as his mother.

One who knows will go with someone who does not,  
One who does not know will go with someone who does!  
But then, what do we see?

**The Order of coupling in the Symbolic**, according to the laws of transmission of the  
sexual pre-determiners,  
**is HOMOSEXUAL** in the real,  
since a son will marry his father and a daughter her mother, in the Symbolic order I repeat,  
which happens to be the structure of the Real couple!

Whereas in the REAL Order,  
There are a man and a woman:  
**THE REAL'S ORDER IS HETEROGENERED!**  
But this is not how the symbolic's transmission, which makes the story of our Unconscious, works:  
Where we believe there are two people, there is really not even one!

This way, we notice that The Transmission of THE SEXUAL IDENTITY  
IS HETEROSEXUAL:  
From a father to his daughter,  
From a mother to her son.  
Here is the symbolic order obeying the laws of the Other,  
of the spirit!  
Whereas THE GENDERED IDENTITY is homogendered,  
With the same gender:  
For a girl with her mother,  
For a boy with his father!  
Here is the real's gendered order obeying the laws of life, of what really is:  
IDENTITY TO THE BODY made the same way!

Where is THIS ABERRATION COMING FROM?  
Who makes us endure this alienation of the spirit ruling over the body?  
What is certain is that never will the power of the spirit over the body,  
will such a domination make love!  
Nor be love!  
But to the contrary, hatred and violence, because violence is made upon a natural order,  
which places a supernatural, thus inhuman, order above itself!  
THE TRAGEDY OF HUMAN NATURE IS INHUMANITY issued from this story,  
FROM THE POWER OF ONE UPON THE OTHER that makes us believe  
THAT THERE IS ONE OR AN OTHER **when there only is power of one upon the other!**  
Perversion of the meaning.  
Then we can say,

**SEXUAL IS POWER.**

THIS IS NOT WHAT A CHILD WANTS: A child is born from the meeting of an ovule and a spermatozoid: a real meeting, which determines the child's gender according to the laws of the genetic code contained in the spermatozoid XX or XY, boy or girl. This reality should be most important and should give any child the possibility to express him/herself in function of this identity before any other. But this is not what happens; the little boy will resemble his mother and the little girl her father.  
Here already the path of the real is prohibited: the body will have to keep quiet and the spirit will rule over it.  
It looks like we were born neurotic!  
And it only gets worse.

This way of functioning of the spirit, which makes of the body its servant and of its power upon the other its quotidian  
"jouissance,"  
inducted **this tragedy of a rivalry extremely destructive and despairing  
between a son and his father  
or a daughter and her mother,**  
so the law of **ONE** could be saved and the power could not be shared.

From this impossible access to the identity to the same, from this impossibility to recognize oneself in it, for being able to detach oneself from it and love one day somewhere else.

There can only be love through separation.  
This way, our natural story, which is in our symbolic story, is the one of a perfect couple made of a real man and a real woman but in fact,

a Father and a Daughter or a son and a Mother.  
Their child, according to his/her pre-determiner Son or Father, Daughter or Mother,  
will necessarily enter in rivalry with one of his/her parents,  
since symbolically identical to one **or** the other  
AGAINST the other!  
Why? For **POWER!**

This is how a woman will feel jealous vis-à-vis her daughter or a father vis-à-vis his son, because the alliance is not with one's 'kind'!

Reality, just like a deforming mirror, then inscribes an ensemble, which is the reverse of aliveness' order: enough to drive many lives to despair!

Can this world live?  
Can a real man, one day, meet a real woman, and can they really make love and not death?

Yes, if we become Conscious of what happened, and if  
**We do not make of the Unconscious our thinking master,  
But of our Conscious our living master.**

To be a psychoanalyst and to work as a psychoanalyst cannot only be anymore to believe that the essential is to interpret how each one of our patients lived this story, which belongs to the symbolic order, to **THE LANGUAGE OF LACK OF THE OTHER (MISSING THE OTHER):**

Lack → Suffering → Violence → Hatred,

and to its deadly functions: Frustration → Aggressiveness → Guilt

that do not stop screaming and repeating this non-sense that is Lack, Wait, Dependence on the other! Language, already made, that speaks us, that we endure, that never stopped making children, and that we let take the power over a past story never ending repeating itself all life long! **LANGUAGE OF NON-LIFE, OF NON-SENSE!**

**LET'S STOP BELIEVING THAT THIS PLACE IS WHERE THE TRUTH IS!**

It cannot be, because truth goes in the direction of the real, of Today. It goes with Doing, **DOING DIFFERENTLY:** To finally enter our story, the real's, which makes us alive, is to finally get out of this story of the other we have inside, the one that prohibits aliveness!

To finally learn to make things the way we love our self is to enter the learning of a

**NEW LANGUAGE: THE LANGUAGE OF THE DESIRE FOR OUR SELF, ALIVE.**

**IT IS TO FINALLY CREATE MEANING WITH WHAT GIVES MEANING TO OUR LIFE!**

Here is the order of a true time that does not waste its time anymore listening to another one, past, falsified.

### **THE QUESTION OF MEANING AND OF SPACE – TIME.**

What is time?

It is movement that translates a change, and it is all the time.

It is a consciousness of it, not it. We also are a consciousness of ourselves, not ourselves.

But this consciousness is what makes us!

**TIME DOES NOT THINK, DOES NOT CRY, DOES NOT REGRET ANYTHING.**

It has no father or mother, no son, no daughter; it does not want anything, does not judge anything, and does not reproach anything.

Time? It goes by and goes by ... and never goes back, slows down, accelerates: It is always there, and in its totality of the instant, in its fullness. In brief, time is alive with or without us. Its solar rhythm slices it in units of time: A day is the space - time that starts at dawn (sunrise) and ends the next dawn (the next sunrise).

**The unit of real life is therefore every day of life**

But for us it is often different: we apprehend time differently, depending on our state, on how we feel inside:

As familiar as it is, it is often foreign to us through our life. And still, without us noticing, its absence affects us; and forgetting it, letting it go by without us being there, not feeling it signifying its presence to us makes us desperate much more than the absence of someone we care a lot about. But here is the problem; we are not conscious of this. We interpret that an absence is preventing us from living, but it is not the absence of something but our absence to

something. To suffer from an absence, is it not making of this absence the only one being? How to give meaning to our life when we replace our presence to time by the presence of an absence? The real place of the Lack is there.

**WHAT IS THE PRESENCE OF AN ABSENCE?  
Simply FORGETTING OUR SELF WHILE TIME GOES ON!  
ANTI – LIFE!**

**Thus, the meaning, the direction of aliveness is the same as time's:**

To Go Forward, Toward the Front!

And yesterday's psychoanalysis needs to change, to work with today's time, and to give priority to the laws of real time.

Then will the psychoanalysts' days become more real too as they will conform to their desire for themselves to find their profession fulfilling and to not fall into the belief of a story with the wrong history and place: a boring story because not very alive!

**IN ORDER FOR "I" TO BE ME AND NOT AN OTHER ANYMORE.  
HOW DO THE LAWS OF DESIRE FOR ONESELF AND THE LAWS OF LIFE GO TOGETHER?**

They do because they both are what constitute the Subject who needs to 'make' (build) him/herself in order to feel he/she exists:

Our desire wants **to feel it exists**, not to exist!

**To exist has to be thought**, it is the **Lack's place**, and the place of the judgement of oneself;  
Whereas **to feel that oneself exists** is the **place of a desire for oneself**.

As long as we will endure the Laws of the Symbolic, the access to a Subject of the Self will not be able to take place.

A language of which we depend without noticing it constituted us at our expense!

Time went by but this language remains in us and our life is conditioned by it: This is the Language that I call Parental, which from the beginning mistook the parent for the parent symbol, life for the vital, the child for the child object, the man for the father, the woman for the mother, and presented the symbolic word as being the true one, and everyone believed in it.

The parental language is the language of beliefs, the Language of the relation to the Other, always placed above oneself.

To grow up is impossible with such a fixed, immovable, non alive, and forever Marking language.

Then, how to create aliveness with non-aliveness?

How to become the Subject of our self while staying the other's object?

**HOW TO BECOME THE SUBJECT OF OUR SELF WHILE STAYING THE OBJECT OF A LANGUAGE  
THAT CONDITIONS US?**

It is impossible to make a self with what does not come from our self!

**THE PASSAGE  
from a language that makes us like we are not, not alive  
to  
a language that we make together the way we like it, alive!**

There is a lot more to be done than to be thought in order to change the meaning of our words and to live, experience them instead of using them without knowing that they deceive us since the beginning as they increasingly take us away from ourselves to the point where one day it can become unbearable to continue to endure them.

Closure of the ability to speak, which gets out of breath from running in neutral,  
Suffocation of a space so confined that it gets bored to death,

unless, unless a scream finally skips out, just one, a real one that comes through the darkness of the spirit, coming from even farther , from so far that it feels like somewhere else, but where?  
From the instinct, animal, real, a scream of terror, a scream of love!  
Now, a beginning is finally possible...

**SEARCHING A MEANING TO GIVE OUR LIFE OR SEARCHING OUR DESIRE FOR OUR SELF.**

A desire for our self cannot exist out of consciousness.

This is when the passage from Missing the Other to the desire for our self can take place, in this movement from a time that is not anymore to a time that is here and wants to be here:

PASSAGE FROM A SEXUAL PRE-DETERMINATION OF  
Father, Mother, Son, Daughter,  
TO  
A GENDERED DETERMINATION  
Of man and woman.

WHAT IS DEADLY IS THE SYMBOLIC ORDER;  
THE ALIVENESS IS THE REAL'S ORDER.

To teach our self a language that gives meaning to our life requires a path where the essential is not the goal anymore but the distance to cover.

This means that time plus leaping towards today and tomorrow will make of whoever follows it their living master, consciously, and will take them away from this fear of death that has always been taught and that prohibits life.

Who HAS BEEN ABLE to prohibit life, aliveness and the meaning of the value of the time that goes by?

**The symbolic Language.**

At the origin of time everything was symbol and thus charged with a symbolic meaning: natural elements: air, earth, water, fire were the real signifiers: at the origin of our beliefs and of their complete power over us: they were Gods' manifestation.

And men submitted themselves to it. Absolute Time has corresponded to this symbolic space of the absolute.

Absolute Time: Time of the skies, of Paradise, time on which our salvation depended, and above all time of beliefs and of their powerful language that have, I insist, absolute control upon us and upon our real time of life.

When has a lifetime mattered?

When has this particular value been recognized?

The only recognized value has been death!

And to die for an ideal, for one's beliefs, in the name of his/her principles,  
Here is what has mattered way too much.

It has not been long since the notion of suicide has become interesting.  
It has not been long since the notion of life, of aliveness, of the meaning of life  
Manages to be heard!

Psychoanalysis always listens to this language constitutive of the Unconscious's structure: the Symbolic language; the analytical technique of the dream takes people back into this logic of a desire that originates in childhood and that works at our expense, out of consciousness, in the dream: But what is this desire?

Does the Unconscious' desire tell us about our desire for life?

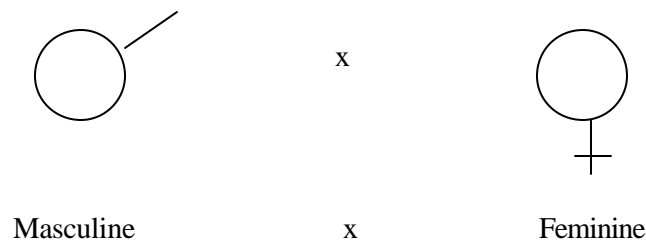
No, it does not. Our Unconscious' desire deals with the problems that we experienced with our prohibitions and expresses our unconscious reactions to these prohibitions—the origin of our fantasies, fears, and feelings of guilt that poison our life and always respond to our reactions to what we heard or thought we heard about what was imposed upon us.

But never can reactions have the value of actions.

Our reactions take a lot of energy from us through all the thoughts they generate! They leave us without this vital energy that is so necessary to act and to do in peace what our heart wants, not our head!

Laws of the Sexual Pre-determiners  
Laws of Transmission of the Sexual Symbolic

The Real Gendered Couple



The Symbolic Sexual Couple

That it to say: **Father** (the one who knows) x **Daughter** (the one who does not know)

That is to say: **Son** (the one who does not know) x **Mother** (the one who knows)

The one who knows = the one who has the power: upon whom? The other.  
 The one who does not know = the one who endures.

The one who knows is the one who believes; he only has answers.  
 The one who does not know is the one who learns; he asks himself questions.

Therefore, in a couple:

Because of the symbolic order, a man with a S.P.D.: **Father** will have the power over his wife **Daughter**. This way, power struggle is instituted from the beginning and will be transmitted from "Father" to "Son", from "Mother" to "Daughter", transforming the real alliance man - woman into a symbolic alliance "Father" – "Mother", "Daughter" – "Son".

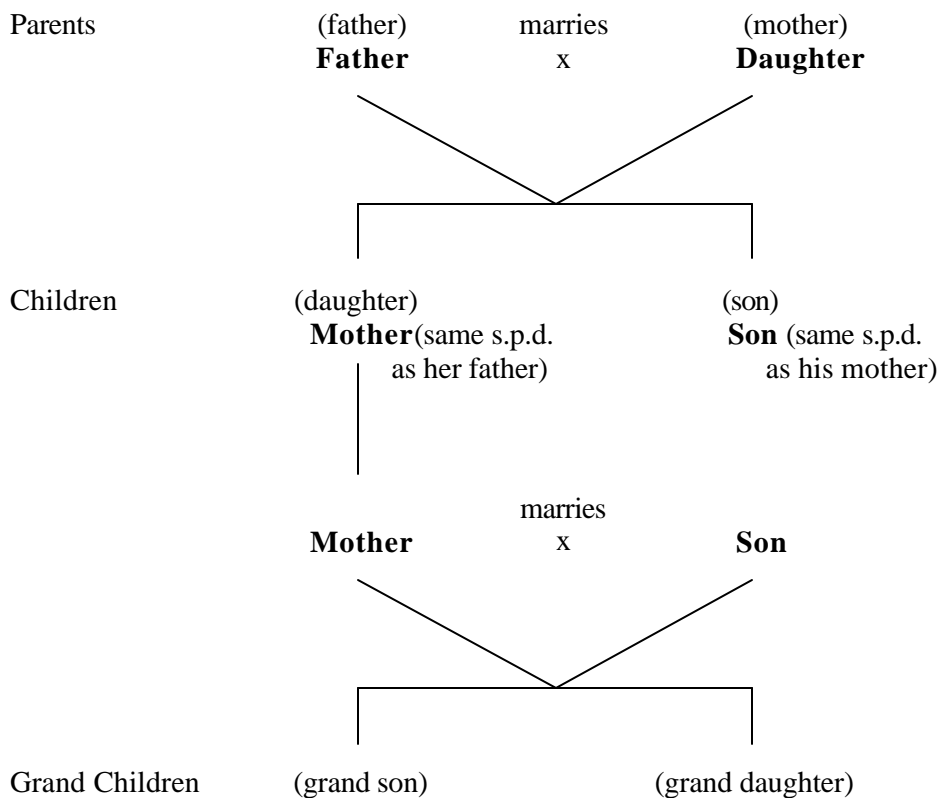
Such is the functioning of the symbolic order that constitutes our Unconscious and its Sexual language and that does not pay attention in any way to the order of aliveness, which can only be "gendered".

The most serious thing about all this is the impossibility to reach a "gendered" identity because we let the symbolic order impose upon us obedience to its laws of sexual transmission, and we are not even conscious of it.

The Symbolic Order over Three Generations

The Order of Symbolic Transmission of the Sexual Pre-determiners (S.P.D.)

Or the law of ONE



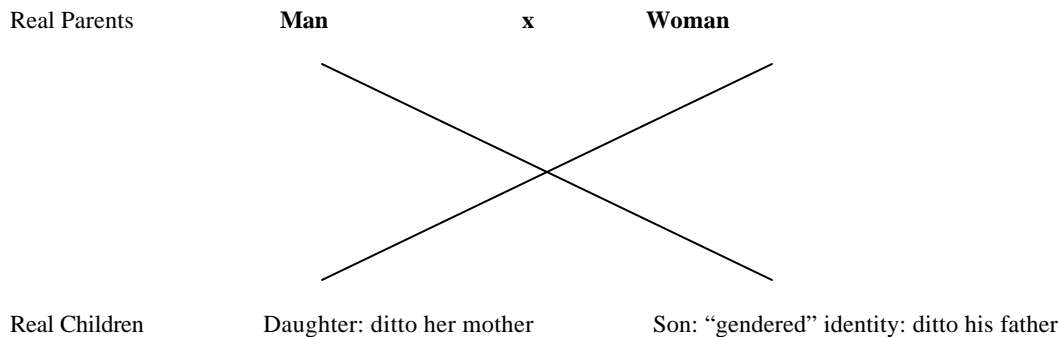
**Father**  
like his grand father

**Daughter**  
like her grand mother

We can see that the same s.p.d. is found in all three generations between:  
A grand father and his grand son, same sexual identity and same gender.  
A grand mother and her grand daughter, ditto.

From the Symbolic Order to the Real Order  
Or Passage  
**From the Sexual Pre-Determination: Father – Mother – Son – Daughter**  
**to the “Gendered” Determination: Man – Woman**

**or the law of two: One + One**



**PLACE OF THE REAL ALLIANCE: “GENDERED”**

This is how the natural order of the real and of the laws of life will be; its laws of transmission will be according to a sexed identity to the same (body).

Mommy → Daughter  
Daddy → Son

This is how real children will be born; they will really be others because children of a man and a woman will not be two assembled half anymore, but ONE + ONE together!  
Together can only mean two real units.

From what does the Hysteric woman suffer? From an impossible gendered identity to the same, her mother: in s.p.d.

**Mother** Mothers do not have a real body, but a symbolic one: their reason of being is the child!  
Their “jouissance” is there: in this phallic possession of the object child!

But a child needs a mommy, not a mother!

All the hysteric women are **Daughters: they all want the recognition of their body**: and of course they marry a **Father** with the same s.p.d. as their mother: **Mother**.

The symbolic transmission renders everyone's unit impossible because it produces the same thing over and over by coupling one who does not know to another one who does. This prohibits the real and installs power struggle, passion and hate without any hesitation.

Hysteric women do not like to screw or to get screwed: they want to love and they do not refuse themselves to men since there is no man, but a husband – Father who will take possession of them again, objects for “jouissance”! Frigid women? No, they are rebel Daughters because they only are the object of one who is not a man, and with whom laughing and playing and finding again this taste for childhood together is refused. So, the only way out: to be unreasonable. And because they were not loved by their mother, here they are, prisoners for ever of their nice husband who dominates them and that they hate because he “deprives them” from doing anything by doing everything for them. This is how they are dominated whereas they believe they dominate; they do not belong to themselves; they do not feel they exist; they are bored.

And to be bored forces to do anything to forget this weariness; and to do anything reinforces the sensation of loneliness.

What hurts all hysteric women is that they are forced to seem, and they are only good at being desirable and not desiring. They are the ones to whom we prohibit to Do anything, and thus to live, to feel alive because in movement!

A woman can only feel like one if she managed to separate from her mother: But how to make the separation when fusional mothers cause their daughters to be dependent by making them be merely the ones representing the person they refuse: their husband, a Son that they dominate with the whole weight of their head! The “jouissance” reached with power, sexuality, here is what is transmitted from Mother to Father.

And from Daughters to Sons, what is transmitted is the refusal of this same power.

I am not saying that the future is to Sons and Daughters of this world, but they are the ones who detain the truth and **THE DESIRE!**

They are the ones who can pass and finally meet, bodily, and make love, together.

#### The Passage

From a Symbolic Sexual Pre-Determiner to a Real Gendered Determination,  
From a Symbolic space– body seizing us and imprisoning us in its deadly “jouissance”  
To a Real space– body that we seize and that teaches us to feel alive.

### THE FUTURE

Today's children are already not what were yesterday's children.

Today's Unconscious also is not the same as yesterday's.

The complete power of the sacred, the absolutes, the familial and religious structures, the morals, is not anymore the thinking master: Symbolic thinking slowly leaves its place to Real thinking. As time goes by the system of beliefs is dying. The good and bad do not have as much resonance as they used to; **everything is being approached with relativism.**

The consciousness of real time arrives and slowly everyone learns to devote him/herself to it: what is this new order asking us to do?

Why is this Togetherness made of Real Ones destined to come, finally?

**Because with or without psychoanalysis,**

**PEOPLE'S CONSCIOUSNESS AWAKEN TO THEIR DESIRE TO LIVE !**

And if psychoanalysis does not follow the direction of time, it will lose all its meaning.

Slowly, the world comes out of Guilt and goes toward Responsibility of everyone.

The Real slowly takes the place of the Symbolic in our life. The explosion of traditional orders—familial, religious, moral, signifies that these structures, which issued from a Language enclosing our lives, cannot resist anymore in front of the real's truth.

**WHAT IS THE REAL?** It is what is; and ‘what is’ is not evident, but requires us to discover its meaning. It is a research opening the time of desire and building a thinking that does not have to be

scared anymore of transgressing the prohibitions engendered by the Symbolic thinking as it forces the child to stay under its dependence, to not grow up.

By contrast, real thinking asks the child to go toward today so he can learn to grow up, to finally feel alive, then finally adult, and not parent!

In the same manner we believed for so long our lives had meaning only to ‘die them’ and not to live them, we also believed that the earth was immobile and at the center of the world. Men identified to this center until the day we discovered that not only the earth rotated, but it also revolved around the sun, without which life would not even exist on earth!

So many conditions had to be unified in order for life to be possible on earth! We cannot prevent ourselves from thinking that the real’s order is the only true possible and that it is constantly in movement and thus alive: today’s truth will not be tomorrow’s.

To decode the real is to go along with time toward what is there, hidden.

All the mistakes come from the misinterpretations we have made believing some things were true whereas they were not: the departure from the Sacred slowly took place thanks to the discoveries of the real.

**But the real is relative, not absolute.**

Today’s truth brings us to tomorrow’s truth, and it is not the same one. Therefore, truth is also relative.

And time obeys these laws of relativity: Einstein’s revelation of a quadridimensional relative space – time operated an essential passage from a tridimensional absolute space – time.

This way, the laws of the Symbolic Language, which obeyed an absolute space – time for so long, have also changed signification; and slowly the time of beliefs and of their absolute truths left its place to the time of the real and of its truths relative to today. This is why it is crucial to pay more and more attention to what is here, what is going on today, and to slowly stop to refer to yesterday in order for today to be here before yesterday: and if it is here, me too!

It is time to finally learn to give value to this time in constant movement because it is the one that gives value to our life. To follow and obey its laws, which are the laws of aliveness, corresponds to finally giving our self a taste for life and to prefer this feeling to any other. This is not evident but it is what will make us become **SUBJECT OF OUR SELF, making, building itself.**

**TO LEARN TO DEPEND ON WHAT WE DO WITH OUR TIME.**

It comes back to detaching our self from the other, from this repeated transference that prevents us from doing what our desire wants us to do and forces us to repeat our history of lack at our expense.

It comes back to becoming aware that our desire for our self is real and is asking us to obey it, to keep becoming aware of it by verifying through our **actions** that **it** is the one that ‘fills’ us, that makes us slowly become how we love our self, and that makes us want to love others and an other, finally for real.

To be feeling bad is simply to be unhappy with our self. It is every time we believe we are acting whereas we are reacting (to the other)!

It is about time to become conscious of this!

To be feeling well is simply to learn to do something with our time that makes us happy with our self. This is a real success, but it is also why we resist so much in front of what is simple to do but so difficult to conceive.

Why stay in this suffering’s “jouissance”, in which we do not like our self, and why care more about this than about the pleasure procured by ‘making’, building our self the way we like it?

To mean something to our self is to be part of the world, and this can only be done by going toward the other and not by situating our self according to this Other from the past, which is behind time and not in front of it. To detach our self from what made us in order to adapt to what we make of our self is what will allow us to get into a relationship with time, the only real witness of our existence.

## THE PASSAGE FROM NUMBER THREE TO NUMBER TWO

**The Symbolic alliance obeys the rule of three: fatal number uniting a mother with her son,  
instead of a woman with a man:**

**Mother ←---→ Father ----- Son**

This is an order uniting a mother with her son in an alliance that erases the one uniting this woman  
(Mother) with this man (Son).

**Parent ←---→ Child ←--- Parent.**

Symbolic sequence, made of rivalry and hatred, and that excludes one from the other  
where they are not two but one,  
but three in one.

### **TO MAKE LOVE: the possible of the real's future**

We need to be two people to make love. Love cannot stand fusion or half or fake. It has no fantasies, no Spirit; it is where it wants to be, does not miss, does not depend. It is light and full of sensations that feed it way more than judgements or ideas. Its language is the one of the desire to be together, alive, and away from this killer called passion, or in other words the forgetting of our self all the time.

TO BE TOGETHER: because a man and a woman will not make of love an idea that they cannot understand anymore, but will make love, the two of them.

Passion is fixed in what supports it, the lack of, which makes of every one the other's love object. By contrast, love is always in movement, following its desire of doing something with its time that pleases the self.

Passion is controlled by power struggle and "jouissance". By contrast, love builds itself in a relationship, horizontally; we even do not recognize our self because what is going on surprises us better and better. Then we understand that it is impossible to love someone else without loving our self first. It is not the words, "I love you" that make love; it is all that "I love you" means that does.

**Love can only be 'Gendered'** and what is 'gendered' can only be possible through an alive body that learns about itself through a language desiring it.

**To desire is to feel alive. To love is to desire!**

When a man and a woman will love each other, they will desire each other so much that they will not miss each other; they will not be scared of deceiving each other anymore or of giving away to their fantasies, because the fantasy, coming from the Parental prohibitions, is the imagination's enemy: it was born from this belief in the symbolic language and it goes round in circles because it depends on what is not.

**This false desire to dominate or to be dominated: the fantasy's order is sexual,**

And it keeps feeding itself with lack, so it does not get out of it.

Whereas the fantasy's laws leave everyone exhausted from loneliness and the heart empty to death with non sense, the laws of the imaginary open to everyone the space of the real, which never stops being vibrant, living, experiencing sensations. The latter touch lightly the body, without hurting it, with colored and moving essences that do not stop creating and that always go to the right place: our body, here, always feeling, breathing, listening, touching the Real of what is. Then, to give to the other and to our self can happen, and can be shared.

To be filled with wonder can only touch the heart. To open our imaginary is the same as giving our self this unbelievable access to 'the wonderful'; and wonderful and real go together. To recognize each other with no seduction effect, simply to meet, this possibility is not given to everyone but it is already to all those who managed to keep their love for things that are the world of childhood, not of the child!

It is possible for someone to have been a very sad child  
and still to have had a beautiful childhood.

**TO BE TOGETHER WILL ALWAYS STARTS WITH THE NUMBER TWO.**

This supposes: one + one

Whoever says together says beginning of units that do not have any claims to put forward anymore, anything to demand, to impose. Love obeys a language that is not evident but that makes sense, that comes out of passion's cruel symbolic and creates an even number, which itself came out of the laws of the Father and of any trinity. To love is to become one with oneself; to love is to become two with the other.

It is to pass from this law of One that excludes each one, to another law of each one needing every one to realize a real ensemble.

Love is 'gendered'; it is to be next to one another. Its power? It is to make every one want even more to use his or her lifetime to make a story that he or she likes; nothing less, nothing more. No never anymore, no always, no word given without knowing what we are saying. We swear we will be faithful, present, loving, for life, when we do not even know yet what life can be!

A union is nothing like a marriage; a marriage links us; a union unites us!

I will say that love is relative or else, it is not at all; it requires such a maturity and existence level that it is enough to feel completely shy in front of it:

It has been weakened by inadmissible received ideas; its name has been held up to ridicule, mistaken for any of the world's torments and pains: in the name of love, we pretend to die, kill, sacrifice, give our self, suicide. This is a huge error mixing up love for oneself with love itself!

Love is relative; it is the child of a "making"; it is a language we need to learn; it is a revolution of the spirit that needs to be operated. It requires changing a whole way of thinking, undoing a value system killing the aliveness we have inside and preventing it from living. It is a powerful consciousness of what it manages to say: when the words manage to tell the other the same things they tell themselves inside us. Love is coherence; it gives no feeling of solitude; it is anything but the lack of, but missing: it is the place of Desire, which never stops inscribing each one of its moves all day long. We are far from neurosis, sexual, anti-life, anti-love! How to know if we love?

We do not know it, we feel it: we can verify it when the other is present and absent.

To finally make love one day and to start over again tomorrow and the day after tomorrow requires a lot of attention, of strength, of presence, just as much as for the desire to feel alive: when it takes us it never leaves us because we want it this way, not because of the lack of, of missing the other.

And we wonder how we ever could wish to die for love? This does not exist, and still so many lives have been killed this way, and still today! "I want to die": it does not exist!

The language is perverted. The desire is not perverse; it loves life too much to kill itself!

It is this part of the real that is so raw, so incredible, that we could wonder if we are dreaming!

But no, I only dream when I am sleeping; when I am awake, if I dream, I desire!

Then, it is time to say:

**EUX = Aime c'est deux.**

*In French, this phrase sounds exactly like Einstein's formula  $E = mc^2$ . It can be literally translated by:*

***THEM = Love is two.***

*It means that to love there needs to be  $1 + 1 = 2$ , and not  $\frac{1}{2} + \frac{1}{2} = 1$ .*

Energy is what makes us want to be One with what we feel.

To make love the way we do not, tells us very well that there is a lot to be done so we do not simply have sex anymore, so we do not let our body be dominated by urges coming from our deadly spirit, which drives us to despair, sometimes to the point of no return, and so often "too late".

To make love; and to finally not let our self be controlled by non-life and by what makes us forget that our desire is waiting for us. This desire is nothing else than the form of our instinct for life, which wants to do things with love, with this feeling that every time is the first time, because it is true that it is the first time!

This is the way the real goes, full of truth. This is the way love goes, building itself between two people. This is the way real children will be born and will certainly love less passionately and thus really for what they will be and not for what they will represent anymore.

Will we finally dare to charge family, its spirit, and this “crazy” value that is vowed to it, without trembling? It is the place of all the intolerance, of the value given to the sacred union of a man and a woman whereas there is no man or woman but Father or Son, and Mother or Daughter: from symbolic to symbolic, when hatred transmits itself and makes children!

But the only real legitimacy is the one of the desire for things to be different; we all have this desire inside. The child that we have been does not wish for things to be the same for his or her child. Does this mean that unhappiness and suffering transmit themselves at our expense? Definitely yes! The day a child will not have to carry, for life, a story that is not his, will be a big day. We, psychoanalysts, who know what this story is, need to work toward this day. We need to not be passive witnesses in front of this tragedy anymore, and to become active Subjects in the movement that will denounce the impostures of a language imprisoned by its Fathers and making life impossible along with its peers.

For tomorrow, real men, women, and children; this way, aliveness’ desire, which will have understood that the meaning of life needs to be made all life long, will be completed.

### **CAN THERE BE A RELATIONSHIP BETWEEN PSYCHOANALYSIS AND LOVE ?**

If psychoanalysis obeys real time, it will be able to realize its desire and the psychoanalyst’s, as it will free itself from the overwhelming Time of the Unconscious that fixes it and forces it to disregard present time.

The Unconscious of psychoanalysis is a fixed structure that does not leave enough space for the movement of time, for the generations, and for its future, more and more becoming the time of the Conscious, and this because the time of Beliefs, of the Symbolic and of the Absolutes slowly leaves space to the time of the Real and the Relative.

A psychoanalysis that keeps feeding itself with the language of the absolutes and of the Symbolic might end up losing itself and becoming merely an illusory representation of the sexual, which does not interest anyone else anymore.

**The future of neurosis can only be aliveness**, which will not let anything lead it away from itself anymore but will make of each of us, including us psychoanalysts, men and women who will not be subjects of the symbolic order and its language anymore. Then, we will be able to start another language we need to teach our self in real time and as subjects of our presence to this real time making us become the way we are, slowly.

The language of the Unconscious is controlled by the symbolic and this is how it became the one responsible for the state of non-life: It is deadly; because it has no rhythm, no movement, it forgets all the time the present time.

### **There is another language, a true one, one that we speak through actions and not through thoughts.**

Aliveness, the feeling of aliveness requires that we become aware that time goes by, not that we are afraid of this: the fear of dying makes people refuse their lifetime and give death the meaning of this life!

But before all it requires that we have the desire to never get tired of looking for it our whole life long.

Thus, from a way of thinking, subject (to the other), to another way of thinking, made ours, the course is inverted.

This is why we will not be able to make the passage from hatred, despair coming from a powerlessness to love, to love: the hope giving people the desire to love their self and to love with the same words. Love is a relationship requiring all our savoir-faire, out of the parental system.

## Maryse Touboul

Hatred is the story of transference and of power struggle that it institutes; it never stops repeating an old story, getting older and older and that can kill us.

Love is the story of a relationship already “gendered”, a story that, as it builds itself, does not need to turn around to see if the other is still there; he/she is there!

To get out of love demand is to finally turn our back on what is not, and to get into what will really exist: our self’s subject because made with our self. To be the other’s object is over.

We are life’s children before being our parents’. We have made the symbolic order become more important than the real’s order, and this is the “fatal” story of all Unconscious, which made of our life a non-sense, a suffering caused by giving so much meaning during our life to after life so we could deserve some sort of paradise!

The adult state does not give the responsibility to One for all but to all for each one.

It is about time that people accept their age of maturity and do not merely feel guilt toward the other but responsibility instead.

This supposes adult psychoanalysts who would not let themselves be overwhelmed by a Father’s laws but who would pay attention to what is going on inside them when the other is present.

To do one’s work is to be constantly present to what one does: this is the only ethic that gives us the desire to continue and to not fall asleep!

If the world still needs psychoanalysis tomorrow, it will mean that there will be psychoanalysts from today who follow the time’s march by loving it and by making others love it too.

It is love for this precise movement that will bring love itself; it is this precise desire—structure of the instinct for life, that will give our life a meaning, the one that will enliven us and finally give us a feeling of humanity.

By working on our Instinct for life, the only one that really is in each one of us, the war’s deadly and sexual urges will get tired, go away, and let an energy finally freed go in peace; this energy, physical, is aliveness’ real engine!

Then, there is no reason to renounce to having psychoanalysis and relation hold hands, but this can only be if the psychoanalyst’s position is not Parental, not vertical, and if his/her work is one of an adult, therefore alive, who would teach the child not alive present in his/her patient to become adult too: this will end transference and will start “trans-making,” which will not let power struggle control it by dictating its law of One or the Other, but will learn to make of one who is not, an other who becomes.

Psychoanalysis needs to become a real science about aliveness and to not remain into the time of myths killing aliveness in each one of us. The enemy is not the Other; the enemy is a language that drove everyone away from their desire as it repeated itself incessantly.

Past time is dead. It is a serious error to mistake it for ourselves who live today and who need to build our self through a different language in accordance with this present time, our future.

Life’s values are not moral but moral values are anti life if they remain dictated laws, imposed just like all the “have to”, out of consciousness: to the question “why?” the answer “because!” or “this is the

way it is and that’s it, believe me!” It is crazy how beliefs transmit themselves, as if we were trying not to know the truths. And still, ironically, the language saying “believe me” is the one of those who say, “I know!”

Inhumanity is on that side, which transmits without knowing what it believes it knows: power abuse.

With this logic we can be someone good, who does not stop hurting him/herself and others. But if we learn to make our self the way we like our self, to do our self good, we cannot hurt others because this work to teach oneself cannot be done out of consciousness; it knows the effort, it knows the separation, the un-fusion; it learned to respect the other and to not hurt him/her by asking or answering by what is not. It is human to make mistakes but it is inhuman to be scared of admitting it to our self; it is not really serious, it’s a shame, that’s all. The Unconscious is trapped in this fear of judgement that kills slowly; how proud to “accept” to forgive those who offended us!

If I got hurt, I only need to not go back to what hurt me in the first place. My desire is not to forgive “the offender.” I do not have this power to be above the other, no one does!

To be mad at the other is a mistake everyone makes; it is a mistake caused by not knowing our self well enough.

But we can legitimately be mad at a language killing the self, at what hurts. And above all, we can not be mad anymore; this is how we will heal from all wounds.

## **LET'S MAKE TODAY !**

All that does not evaluate dies; all that does not question refuses real time.

Psychoanalysis is a century old; it can either die or mutate, just like everyone. To grow old is to not change opinions and to get bored with them.

To me, being psychoanalyst is not as meaningful as being alive; I cannot separate my function from myself, from what I become as time goes by. The Unconscious' way of functioning according to what I call the laws of sexual pre-determination allows us to verify that our Unconscious' language **makes** our Unconscious; it is cultural, transmitted, and it obeys non alive Symbolic laws that can stamp us for life.

It takes possession of our life; its desire speaks about the Other's desire, not ours; it is important to know this consciously.

Today, what I think is essential for any patient is to learn to answer his/her desire to be "happy with him/herself"; today the essential is today: either it lives or it does not. By contrast, the Unconscious remains this place closed to today; one needs to get out of it to open to the Conscious' aliveness: not transmitted, not made, not learnt, just like the meaning of life.

Psychoanalysis has the responsibility to give all individuals the possibility to pass from a state of non-life to a state of aliveness! To make today is to start giving an essential value to working on this meaning of life in each one of us, together, and to working on the resistances like the true enemies of the feeling of aliveness! This work requires that we know well the Unconscious' place, its way of functioning and its laws: the same ones for everyone. It is essential that we learn to leave this place where the lack of, completely made of hatred, is, so we can enter this space where the desire, which makes love, is: a desire for hatred, violence or death does not exist; there is no instinct for death.

A desire for peace, love, and life does exist! There is an instinct for life.

Us psychoanalysts need to remain the ones who serve this precise desire, this precise language, new and to Make. Then we will Pass from a time that is over, dying, to today's time, which wants itself and gives us the feeling of life and the meaning of our life.

Then we will pass from a state of Symbolic pre-determination that only gave value to absolute time to a Real determination that wants to give itself to relative time, to the time of each day, in order to finally feel alive by making it: to make it is to make oneself.

## **The Difference does everything, in everything:**

To become conscious is possible, but to love our consciousness of our desire to feel alive does all the difference between a dependence to an other and a dependence to our self who becomes.

There is a feeling that, as it makes itself, gives the wish to continue: this is the feeling of peace. By peace, I mean structure, not some kind of mystical aspiration that let all sorts of Parental-Symbolic power abuses happen and that dictates its idealistic and unreal laws to those who fall into the trap. The feeling of peace, of accord with oneself, is an active state and it obeys the laws of life it realizes as time goes by.

Peace does not have a future without this inner movement constantly referring to the exterior and to what is.

There are the self and the others all the time; there are especially the others when there is the self who learns to be and to do with others.

To make today cannot be unmade, and it is not so important if today does not go right; tomorrow will be better, where my desire awaits itself.